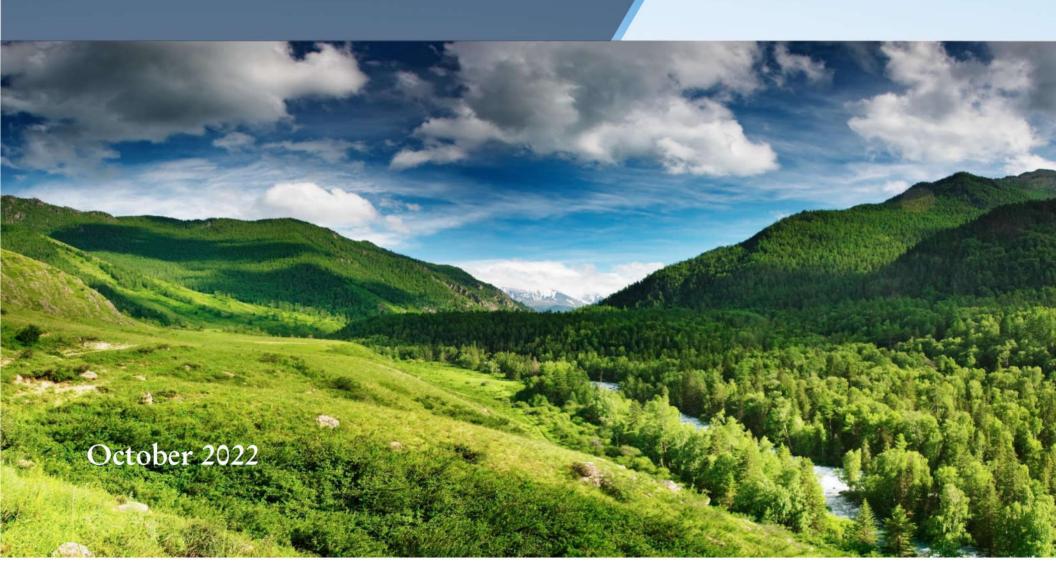
Market Insights





Balancing act for stocks and bonds



| 60/40 Portfolio: S&P 500/US 10-Year Treasury (Total Returns, 1928 - 2022) | | | | | | | | | |
|--|--------|------|--------|------|--------|------|--------|-------|--------|
| Year | Return | Year | Return | Year | Return | | Return | Year | Return |
| 1928 | 26.6% | 1947 | 3.5% | 1966 | -4.8% | 1985 | 29.0% | 2004 | 8.2% |
| 1929 | -3.3% | 1948 | 4.2% | 1967 | 13.6% | 1986 | 20.8% | 2005 | 4.0% |
| 1930 | -13.3% | 1949 | 12.8% | 1968 | 7.8% | 1987 | 1.5% | 2006 | 10.2% |
| 1931 | -27.3% | 1950 | 18.7% | 1969 | -7.0% | 1988 | 13.2% | 2007 | 7.4% |
| 1932 | -1.7% | 1951 | 14.1% | 1970 | 8.8% | 1989 | 26.0% | 2008 | -13.9% |
| 1933 | 30.7% | 1952 | 11.8% | 1971 | 12.4% | 1990 | 0.7% | 2009 | 11.1% |
| 1934 | 2.5% | 1953 | 0.9% | 1972 | 12.4% | 1991 | 24.1% | 2010 | 12.3% |
| 1935 | 29.8% | 1954 | 32.9% | 1973 | -7.1% | 1992 | 8.2% | 2011 | 7.7% |
| 1936 | 21.2% | 1955 | 19.0% | 1974 | -14.7% | 1993 | 11.7% | 2012 | 10.7% |
| 1937 | -20.7% | 1956 | 3.6% | 1975 | 23.6% | 1994 | -2.4% | 2013 | 15.6% |
| 1938 | 19.3% | 1957 | -3.6% | 1976 | 20.7% | 1995 | 31.7% | 2014 | 12.4% |
| 1939 | 1.1% | 1958 | 25.4% | 1977 | -3.7% | 1996 | 14.2% | 2015 | 1.3% |
| 1940 | -4.2% | 1959 | 6.2% | 1978 | 3.6% | 1997 | 23.8% | 2016 | 7.3% |
| 1941 | -8.5% | 1960 | 4.9% | 1979 | 11.4% | 1998 | 23.0% | 2017 | 14.1% |
| 1942 | 12.4% | 1961 | 16.8% | 1980 | 17.8% | 1999 | 9.2% | 2018 | -2.5% |
| 1943 | 16.0% | 1962 | -3.0% | 1981 | 0.5% | 2000 | 1.2% | 2019 | 22.6% |
| 1944 | 12.4% | 1963 | 14.2% | 1982 | 25.4% | 2001 | -4.9% | 2020 | 15.3% |
| 1945 | 23.0% | 1964 | 11.3% | 1983 | 14.7% | 2002 | -7.1% | 2021 | 15.3% |
| 1946 | -3.8% | 1965 | 7.7% | 1984 | 9.2% | 2003 | 17.2% | 2022* | -19.3% |
| © COMPOUND *As of 9/23/22 @CharlieBilello | | | | | | | | | |

As bonds have fallen into bear market territory, the classic 60/40 balanced portfolio is on track for its worst performance since 1931, while only experiencing negative double-digit returns in 5 other years since 1929- reflecting the unusual, and infrequent occurrence of this happening. On a more positive note, historically roughly 80% of years since 1928 produce positive returns.

Bears do need to hibernate



When the S&P 500 is Down 25% or Worse Since 1950

| Peak | Trough | % Decline | +1 Year | +3 Years | +5 Years | +10 Years |
|------------|-----------|-----------|---------|----------|----------|-----------|
| 12/12/1961 | 6/26/1962 | -28.0% | 31.2% | 69.2% | 94.8% | 171.1% |
| 11/29/1968 | 5/26/1970 | -36.1% | 32.2% | 44.3% | 27.9% | 97.5% |
| 1/11/1973 | 10/3/1974 | -48.2% | 1.4% | 23.8% | 42.0% | 188.4% |
| 11/28/1980 | 8/12/1982 | -27.1% | 43.9% | 81.2% | 238.6% | 403.9% |
| 8/25/1987 | 12/4/1987 | -33.5% | 14.7% | 34.1% | 96.8% | 387.1% |
| 3/24/2000 | 10/9/2002 | -49.1% | 0.2% | 1.9% | 21.5% | 38.3% |
| 10/9/2007 | 3/9/2009 | -56.8% | -6.9% | 3.7% | 61.2% | 209.6% |
| 2/19/2020 | 3/23/2020 | -33.9% | 56.4% | 223 | ??? | ??? |
| 1/3/2022 | 9/30/2022 | -25.2% | ??? | ??? | ??? | ??? |
| Aver | ages | -37.6% | 21.6% | 36.9% | 83.3% | 213.7% |

Data: Ycharts

When the Nasdaq is Down 30% or Worse Since 1971

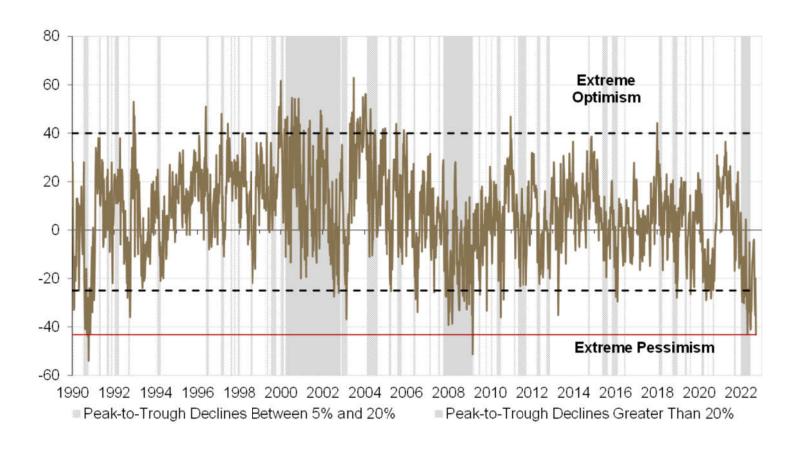
| Then the Hadday to Domit College Chief Inc. | | | | | | | |
|---|------------|-----------|---------|----------|----------|-----------|--|
| Peak | Trough | % Decline | +1 Year | +3 Years | +5 Years | +10 Years | |
| 1/11/1973 | 10/3/1974 | -59.9% | 29.1% | 80.2% | 170.6% | 438.7% | |
| 6/24/1983 | 7/25/1984 | -31.5% | 25.6% | 87.1% | 99.6% | 246.0% | |
| 8/26/1987 | 10/28/1987 | -35.9% | 20.7% | 8.5% | 104.5% | 454.8% | |
| 10/9/1989 | 10/16/1990 | -33.0% | 67.1% | 144.8% | 230.1% | 992.4% | |
| 3/10/2000 | 10/9/2002 | -77.9% | -44.7% | -60.8% | -48.1% | -32.9% | |
| 10/31/2007 | 3/9/2009 | -55.6% | -1.2% | 14.5% | 85.2% | 318.7% | |
| 2/19/2020 | 3/23/2020 | -30.1% | 73.4% | ??? | ??? | ??? | |
| 1/3/2022 | 9/30/2022 | -34.1% | ??? | ??? | ??? | ??? | |
| Averages | | -44.8% | 24.3% | 45.7% | 107.0% | 403.0% | |

Data: Ycharts

While the market has experienced a significant downturn year to date, its important to keep the longer-term horizon in mind. Returns for the S&P and Nasdaq have almost unanimously been positive on a 1 thru 10-year outlook with 10+ year returns being very attractive.

Sentimental extremes

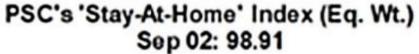




Retail investor-focused survey show the highest share of bearish to bullish viewpoints since Feb 2009, and the biggest % point gap since the week of March 2009- near the bottom of the Great Recession. Systemically, the market is in a much healthier state, which seems to lead to potential recency bias of the investor base comparing an old foe, inflation, to newer phenomenon's experienced in 2008 and 2020

Bursting stay-at-home bubble







More than 100 Stay-At-Home bubble companies have admitted they're struggling – and their stocks sure are. This is an important reminder to know the stocks and their businesses in one's portfolio, with names that have the durable demand of their services and products poised to grow over the long-term.

Perspective is Key



Bob Farrell's Market Rules to Remember

- Markets tend to return to the mean over time.
- Excesses in one direction will lead to an opposite excess in the other direction
- 3. There are no new eras- excesses are never permanent.
- 4. Exponential rising and failing markets usually go further than you think.
- 5. The public buys the most at the top and the least at the bottom.
- 6. Fear and greed are stronger than long-term resolve.
- 7. Markets are strongest when they are broad and weakest when they narrow.
- 8. Bear markets have 3 stages: 1) sharp down; 2) reflexive rebound; and 3) a drawn-out fundamental downtrend.
- 9. When all the experts and forecasts agree, something else is going to happen
- 10. Bull markets are more fun than bear markets.

It was once said that 'Patience is the companion of wisdom', and Bob Farrell who was the chief stock market analyst and senior investment advisor at Merrill Lynch, where he worked for 45 years, provides us with a few wise market rules that in turbulent times are worth remembering.

Source: Wall Street Legend Bob Farrell's 10 rules for investing (cnbc.com)

Disclosure



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